

Why New Year's Resolutions Fail

- A. As much as 45% of Americans make New Year's Resolutions.
- B. 25% fail in the 1st week and only 8% are ultimately successful.
- C. Why do resolutions fail and how can we make lasting spiritual growth?
1 Peter 2:2; 2 Peter 3:18

I. They aren't taken _____ .

"his delight is in the law of the Lord and on his law he meditates day and night..." (Psalm 1:1-3)

II. They have bad _____ .

"For everything there is a season, and a time for every matter under heaven" (Ecclesiastes 3:1-3)

III. They aren't _____ .

"...which of you, desiring to build a tower, does not first sit down and count the cost..." (Luke 14:28)

IV. They are too _____ .

"...those who have their powers of discernment trained by constant practice..." (Hebrews 5:12-14)

V. They have unrealistic _____ .

"Not that I have already obtained this or am already perfect, but I press on..." (Philippians 3:12-16)

VI. We don't make _____ for them.

"No one can serve two masters..." (Matthew 6:24, 1 Peter 2:1-3, Mark 8:36)

VII. We often eliminate _____ .

"And let us consider how to stir up one another to love and good works" (Hebrews 10:24)

VIII. We forget that change is a _____ .

"For this very reason, make every to supplement your faith..." (2 Peter 1:5-8)

Conclusion: If the goal is so _____ , then why _____ ?

1 Peter 2:1-3, Matthew 24:36 - 44, Matthew 7:13-14, James 4:13-15

