

“Building Habits That Last”

Think about the number of books written about building habits. How many authors have made millions of dollars based on their ability to convince an audience that their method to building successful habits is the right method? What if there was a better way to build habits that would establish your zeal to last?

FROM

1. Concern about _____ of Men
- Philippians 3:6; Matthew 15:3, 8-9
2. Limited Perspective that Leads to _____ Decisions
- Matthew 12:36; Judges 11:35
3. _____ What God and Others Want
- 2 Samuel 7:1-17
4. Living _____ in the _____
- James 3:16; Acts 13:45

TO

1. Reminders that Come from _____
- 1 Peter 2:2, 2 Peter 1:13, 2 Peter 3:1
2. Perspective through Godly Sorrow and _____
- 2 Corinthians 7:11; James 5:16
3. _____ Each Other Up in God
- 2 Corinthians 9:2; Hebrews 10:24-25
4. Living for _____
- Hebrews 11:24-27; Hebrews 12:1-2

Why do bad habits start?

1. Stress
 - a. Matthew 6:34
 - b. Psalm 62:1-2
2. Boredom
 - a. 1 Thessalonians 5:14
 - b. Psalm 63:1-7

I, _____, am committed to reading scripture, prayer, building up my fellow Christians, and living for heaven – all for the glory of God! 1 Peter 4:1-11
(Put this in a place that will remind you of your commitment to build habits that last.)